

Grocery list — Week 15

Honey Glazed Salmon • Boursin Cheese Pasta • White Bean Cucumber Salad • Raw Carrot Salad

Produce

- 2 cups baby spinach
- 1 English cucumber
- 4 large carrots
- 1 red onion
- 2 green onions
- 1 small piece fresh ginger
- 3 cloves garlic
- 2 limes
- 1 lemon
- Fresh cilantro
- Fresh parsley
- Fresh dill

Meat & seafood

- 4 salmon fillets (about 6 oz each)

Dairy & refrigerated

- 1 container Boursin cheese (fine herbs & garlic)
- ½ cup whipping cream
- Greek yogurt
- ½ cup feta cheese
- Butter
- Mayonnaise
- Dijon mustard

Bakery & dry goods

- 8 oz short pasta
- ¼ cup pecans
- ¼ cup dried cranberries

Canned & jarred

- 1 (15 oz) can white beans (cannellini)
- Sriracha (optional)

Pantry

- Olive oil
- Avocado oil (or neutral oil)
- Soy sauce
- Honey
- Apple cider vinegar

Spices & seasonings

- Sweet paprika
- Garlic powder (or granules)
- Sea salt
- Black pepper