

Grocery list — Week 11

Grilled Shrimp Skewers • Bacon Cheeseburger • Grilled Pork Chops • Caprese Salad

Produce

- 5 tomatoes
- 1 red bell pepper
- 1 yellow bell pepper
- 1 small zucchini
- 1 red onion
- 1 onion
- 1 head lettuce
- Fresh basil

Meat & seafood

- 1 lb shrimp (peeled and deveined)
- 1½ lb lean ground beef
- 4 boneless pork chops (1 inch thick)
- 8 slices bacon

Dairy & refrigerated

- 8 slices sharp cheddar cheese
- 8 oz fresh mozzarella
- Roasted red pepper dip (1 container)
- Mayonnaise
- Ketchup
- Mustard

Bakery & dry goods

- 4 brioche buns

Pantry

- Olive oil (plus extra-virgin for the caprese)
- Apple cider vinegar
- Balsamic glaze (optional, for the caprese)

Spices & seasonings

- Paprika
- Onion powder
- Garlic powder
- Oregano
- Sea salt
- Flaky sea salt (for the caprese)
- Black pepper