

Grocery list — Week 2

Produce

- 2 lbs asparagus
 - 2 lbs mushrooms
 - 2 lemons
 - 4 cloves garlic
 - 1 bunch fresh parsley
 - 1 bunch fresh thyme
 - 4 cups chopped romaine hearts
 - 1½ cups cherry tomatoes
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Seafood & meat

- 4 salmon fillets
 - 1 lb shrimp
 - 8 boneless skinless chicken thighs
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Dairy & refrigerated

- ¾ cup whipping cream
 - 3 tablespoons butter
 - ½ cup grated Parmesan cheese
 - Caesar salad dressing
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Pasta & bakery

- 8 oz rotini pasta
 - 1 cup croutons
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Pantry

- Olive oil
 - All-purpose flour
 - White wine
 - Chicken stock
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Spices & seasonings

- Garlic powder
- Onion powder
- Italian seasoning
- Sweet paprika
- Sea salt
- Black pepper

<https://www.theendlessmeal.com/>